Living Well: A Professional-Peer Co-Facilitated Program to Improve Self-Management of Medical Illness for People in Recovery

Richard Goldberg, Ph.D.:

Richard Goldberg is an Associate Professor in the Department of Psychiatry at the University of Maryland School of Medicine and the Director of the VA Capitol Health Care Network (VISN 5) Mental Illness Research, Education and Clinical Center (MIRECC). The VISN 5 MIRECC is dedicated to putting mental health recovery into practice for Veterans living with schizophrenia and other serious mental illnesses. He is also the hub-site director for a multi-site multidisciplinary VA fellowship program in psychosocial rehabilitation and recovery oriented services. He is actively engaged in research designed to improve the range and quality of recovery oriented treatments and supports for adults living with serious mental illness. His research portfolio includes both VA and NIH funded studies focused on the mental health and medical/physical wellness of mentally ill consumers. Dr. Goldberg was the 2011 recipient of the US Psychiatric Rehabilitation Association Armin Loeb Award for excellence in psychiatric rehabilitation research. He is also a licensed psychologist and actively involved in training. He has presented at PRA in the past and has extensive experience developing and delivering trainings and workshops for a wide range of learners/trainees.

Valerie Price:

Valerie Price is a US Veteran and currently working as a peer interventionist on Dr. Goldberg’s VA Merit funded evaluation of the Living Well intervention. She served as a consumer member of the research team that developed the Living Well intervention and worked as the peer interventionist on the NIMH funded pilot trial of the intervention. Ms. Price has several years of experience facilitating health and wellness groups and is an engaging and motivating speaker.
Elana Schwartz:

Elana Schwartz holds a Masters in psychology and currently works as a research interventionist at the VISN 5 MIRECC. She is currently one of the professional interventionists delivering the Living Well Program being evaluated in a large clinical trial. She has experience working with mentally ill consumers in a range of settings.

Tammy Seager

Tammy Seager is a US Veteran and currently working as a peer interventionist on Dr. Goldberg’s VA Merit funded evaluation of the Living Well Intervention. She also has experience working as a peer presenter as part of her commitment to supporting the recovery of mental health consumers.