

The Certification Commission for Psychiatric Rehabilitation has developed a list of CPRP exam candidates Core Recommended Readings. This list is compiled for use in preparing for the CPRP examination. Each of the resources contains pertinent information for elucidation of the core disciplines outlined in the examination blueprint. These texts are highly recommended for use in preparing for the CPRP examination.

Texts

Anthony, W., Cohen, M., & Farkas, M., & Gagne, C. (2002). *Psychiatric rehabilitation* (2nd ed.). Boston, MA: Center for Psychiatric Rehabilitation at Boston University.

Anthony, W.A., & Furlong-Norman, K. (Eds). (2011). *Readings in psychiatric rehabilitation and recovery*. Boston, MA: Boston University Center for Psychiatric Rehabilitation.

Anthony, W. & Huckshorn, K. (2008) *Principled Leadership in Mental Health Systems and Programs*. Boston, MA: Center for Psychiatric Rehabilitation at Boston University.

Corey, G., Corey, M.S., & Callanan, P. (2006). *Issues and ethics in the helping professions* (7th ed.). Pacific Grove, CA: Brooks/Cole.

Corrigan, P.W., Mueser, K. T., Bond, G. R., Drake, R. E., & Solomon, P. (2009). *Principles and practice of psychiatric rehabilitation: An empirical approach*. NY, NY: Guilford Press.

Corrigan, P.W., Rusch, N., Watson, A.C., Kosyluk, K., & Sheehan, L. (2024). *Principles and Practice of Psychiatric Rehabilitation: Promoting Recovery and Self-Determination*, (3rd ed). NY, NY: Guilford Press.

Corrigan, R.O. & Corrigan, P.W. (2005). *Recovery in mental illness: Broadening our understanding of wellness*. Washington, DC: American Psychological Association.

Cottone, R. R., & Tarvydas, V. M. (2006). *Counseling ethics and decision-making* (3rd ed). Upper Saddle River, NJ: Prentice Hall.

Davidson, L., Harding, C., & Spaniol, L. (Eds.). (2005). *Recovery from severe mental illnesses: Research evidence and implications for practice* (Vols. 1 & 2). Boston, MA: Center for Psychiatric Rehabilitation at Boston University.

Drake, R. E. (2012). *Individual placement and support: An evidence-based approach to supported employment (Evidence- Based Practice)*. NY, NY: Oxford University Press.

Farkas, M., Sullivan-Soydan, A., & Gagne, C. (2000). *Introduction to rehabilitation readiness*. Boston, MA: Center for Psychiatric Rehabilitation at Boston University.

Hasenfeld, Y. (2010). *Human service as complex organizations*. Los Angeles, CA: Sage Publications.

- Pratt, C., Gill, K., Barrett, N., & Roberts, M. (2013). *Psychiatric rehabilitation* (3rd ed.). San Diego, CA: Academic Press.
- Ralph, R. O. & Corrigan P.W. (2007). *Recovery in mental illness: Broadening our understanding of wellness*. Washington, DC. American Psychological Association.
- Rapp, C.A. & Goscha, R.J. (2006). *The strengths model: Case management with people with psychiatric disabilities* (3rd ed.). NY: Oxford University Press.
- Rudnick, A. (2012). *Recovery of people with mental illness: Philosophical and related perspectives*. New York: Oxford University Press.
- Rudnick, A., Roe, D., & Anthony, W. (2011). *Serious mental illness: Person-centered approaches*. Opa-Locka, FL: Radcliffe Publishing.
- Sue, D.W., & Sue, D. (2007). *Counseling the culturally diverse: Theory and practice* (5th ed.). New York. John Wiley & Sons.
- Swanson, S. J. & Becker, D. R. (2011). *Supported employment: Applying the individual placement and support (IPS) model to help clients compete in the workforce* (1st ed.). Center City, MN: Hazelden.
- Swarbrick, M. (2011). Expertise from experience: mental health recovery and wellness. In Eds. Graham, G., Thornicroft, G., Szmukler, G., Mueser, K.T., & Drake, R.E. *Oxford Textbook of Community Mental Health*. New York: Oxford University Press.
-

Journal Articles

- Brice, G., Swarbrick M., & Gill, K. (2014). Promoting the health of peer providers through wellness coaching. *Psychosocial Nursing Journal*, 52(1), 41-45.
- Caldwell, B., Sclafani, M., Swarbrick, M. & Piren, K. (2010). Psychiatric nursing practice and the recovery model of care. *Psychosocial Nursing Journal*, 48 (7), 42-48.
- Corrigan, P.W., Razzano, L., Pashka, N., Ruppert, S., Rychener, M.B., Ruiz, A., Kundert, C., Sheehan, L. (2022) *Peer Navigators for the Health Needs of People of Color with Serious Mental Illness* (2022). *Psychiatric Services* 2022 Oct 1;73(10):1182-1185. doi: 10.1176/appi.ps.202100547
- Gill, K., Murphy, A., Spagnolo, A., Zechner, M., & Swarbrick, M. (2009). Co-morbid psychiatric and medical disorders: Challenges and strategies. *Journal of Rehabilitation* (75), 32-40.
- Gutman, S., & Swarbrick, P. (1998). The multiple linkages between childhood sexual abuse, adult alcoholism, and traumatic brain injury in women: A set of guidelines for practice. *Occupational Therapy Mental Health Journal*, 14, (3), 33-65.



CPRP Exam Reference and Reading List

- National Association of Peer Supporters (N.A.P.S.) (2019). *National Practice Guidelines for Peer Specialists and Supervisors*. www.peersupportworks.org
- Nicolellis, D. (2002). *Supported Education and Psychiatric Rehabilitation: Models and Methods*. Boston University: Center for Psychiatric Rehabilitation
- Pallaveshi, L., Zisman-Ilani, Y., Roe, D. & Rudnick, A. (2013). Psychiatric rehabilitation pertaining to health care environments: Facilitating skills and supports of people with mental illness in relation to their mental and physical health care. *Current Psychiatry Reviews*, 9(3):214-259.
- Roe, D., & Swarbrick, M. (2007) Recovery-oriented approach to psychiatric medication: Guidelines for practitioners. *Journal of Psychosocial Nursing*, 45 (2) 35-40.
- Substance Abuse and Mental Health Services Administration (SAMHSA). (2023). *National Model Standards for Peer Support Certification*. <https://www.samhsa.gov/>
- Swarbrick, M. & Yudof, I. (2009). Words of wellness. *Occupational Therapy in Mental Health*, (25), 367-412.
- Swarbrick, M. (2013). Wellness-oriented peer approaches: A key ingredient for integrated care. *Psychiatric Services*, 64 (8), 72326.
- Swarbrick, M. (1997). A wellness model for clients. *Mental Health Special Interest Section Quarterly*, 20, 1-4.
- Swarbrick, M., & Brice, G. (2006). Sharing the message of hope, wellness and recovery with consumers and staff at psychiatric hospitals. *American Journal of Psychiatric Rehabilitation*, 9, 101-109.
- Swarbrick, M., & Burkhardt, A. (2000). The spiritual domain of health. *Mental Health Special Interest Section Quarterly*, 23, 1-3.
- Swarbrick, M., & Fitzgerald, C. (2011). The million hearts initiative: Why psychosocial nurses should care. *New England Journal of Medicine*, 365:e27.
- Swarbrick, M., & Moosvi, K. (2010). Wellness: A practice for our lives and work. *Journal of Psychosocial Nursing*, 48 (7), 2-3.
- Swarbrick, M., Cook, J., Razzano, L., Yudof, J., Cohn, J., Fitzgerald, C., Redman, B., Costa, M., Carter, T. Burke, K., & Yost, C. (2013). Health screening dialogues. *Psychosocial Nursing Journal*, 51(12), 22-28.
- Swarbrick, M., Hutchinson, D., & Gill, K. (2008). The quest for optimal health: Can education and training cure what ails us? *International Journal of Mental Health*, 37(2), 69-88.
- Swarbrick, M., Roe, D., Yudof, J., & Zisman, Y. (2009). Participant perceptions of a peer wellness and recovery education program. *Occupational Therapy in Mental Health*, (25), 312-324.
- Wolf, J., (2020) *Mental Health Peer Support Workforce Designline* MHTTC Decision Solutions funded by SAMHSA



CPRP Exam Reference and Reading List

Materials Developed and/or Published by the Psychiatric Rehabilitation Association

Best Practices in Psychosocial Rehabilitation (2013) (2nd Ed.). ISBN-13:[9780965584357](#) .

Code of Ethics for Psychiatric Rehabilitation Practitioners (published by the Certification Commission: 2012).

People in Recovery as Providers of Psychiatric Rehabilitation (2010).

Psychiatric Rehabilitation Language Policy Guidelines. (published by IAPSRs: 2003)

Psychiatric Rehabilitation Principles of Multicultural Psychiatric Rehabilitation Services. (2008).

Psychiatric Rehabilitation Skills in Practice: A CPRP Preparation and Skills Workbook (2006).